



February 2021

U.S. ALLERGEN GUIDE

At Denny's, we understand that each guest may have unique concerns about their food choices. That is why we provide the most current allergen information and update this guide periodically.

PLEASE NOTE:

- We season our grills with vegetable oil from our fryers and with bacon. Vegetable oil includes but is not limited to soybean, canola and cottonseed oils.
- Our tomato sauce contains pork and chicken.
- Our bourbon sauce contains beef.
- Our gravies and au jus are made in the traditional method which includes using meat drippings. These include our brown, country and sausage gravies.
- This allergen guide provides an overview of the FDA's top 8 allergens, plus gluten.
- The information in this guide is provided by our ingredient suppliers and pertains only to our main menu. The guide does not include limited time offers, test menus or isolated local menu offerings.
- Due to shared preparation and cooking areas in our kitchens and the risk of cross-contact, we cannot guarantee that any item is free of any allergen.
- This guide pertains to the contiguous United States only.
- We encourage any guest with special dietary needs to speak with the manager of the restaurant they are visiting or to contact us at 1-800-733-6697.

KEY

X - Contains this allergen

◇ - May contain this allergen or is processed in a facility or on equipment with this allergen

To designate type of fish or tree nut allergen in food item, the following code will be used in lieu of the "X":

FISH / SHELLFISH

A = Anchovies
F = Pollock/Whitefish
SM = Salmon

TREE NUTS

A = Almonds
CO = Coconut

- Designates a variety of nuts are present in food item

ALLERGENS

| | Egg | Fish | Shellfish | Milk/ Dairy | Soybeans | Peanuts | Tree Nuts | Wheat | Gluten |
|---------------------------------------|-----|------|-----------|----------------|----------|---------|--------------|-------|--------|
| Cheese: American | | | | X | X | | | | |
| Cheddar: Shredded & Sliced | | | | X | | | | | |
| Cream Cheese | | | | X | | | | | |
| Swiss | | | | X | | | | | |
| Chicken: Breast, Fried | ◇ | | | X | X | ◇ | | X | X |
| Breast, Grilled | | | | | X | | | | |
| Tenders | ◇ | | | ◇ | X | ◇ | | X | X |
| Wings, Bone-In (no sauce) | ◇ | ◇ | | ◇ | X | ◇ | | ◇ | ◇ |
| Wings, Boneless (no sauce) | ◇ | | | ◇ | X | ◇ | | X | X |
| Chorizo | | | | | ◇ | | | | |
| Condiments: Honey | | | | | | | | | |
| Jams & Jellies, Fruit Flavors | | | | | | | | | |
| Ketchup | | | | | | | | | |
| Mayonnaise, Regular | X | | | | X | | | | |
| Mayonnaise, Sun-Dried Tomato | X | | | | X | | | | |
| Mustard | | | | | | | | | |
| Corn Dogs, Mini | X | ◇ | | X | X | ◇ | | X | X |
| Crackers, Goldfish® | | | | X | X | | | X | X |
| Crackers, Saltine | | | | | X | | | X | X |
| Cream Cheese Icing | | | | X | X | | | | |
| Creamers: Half & Half | | | | X | | | | | |
| Vanilla / Hazelnut | | | | X | | | | | |
| Croutons | | | | X | | | ◇ | X | X |
| Desserts: | | | | | | | | | |
| Apple Pie Crisp (no ice cream) | | | | X | X | | A | X | X |
| Cheesecake | X | | | X | X | ◇ | ◇ | X | X |
| Coconut Pie | | | | X | X | | CO | X | X |
| Cookies & Cream Pie | | | | X | X | | CO | X | X |
| French Silk Pie | | | | X | X | | | X | X |
| Lemon Meringue Pie | X | | | | X | | | X | X |
| Peanut Butter Silk Pie | | | | X | X | X | | X | X |
| Signature Skookie (no ice cream) | X | | | X | X | | | X | X |
| Dressings: | | | | | | | | | |
| Balsamic Vinaigrette, Low-Fat | | | | | X | | | | |
| Blue Cheese | X | | | X | X | | | | |
| French | | | | | X | | | | |
| Honey Mustard | X | | | | X | | | | |
| Italian, Fat-Free | | | | | X | | | | |
| Oil, Salad | | | | | X | | | | |
| Ranch | X | | | X | X | | | | |
| Thousand Island | X | | | | X | | | | |

ALLERGENS

| | Egg | Fish | Shellfish | Milk/ Dairy | Soybeans | Peanuts | Tree Nuts | Wheat | Gluten |
|--|-----|------|-----------|----------------|----------|---------|--------------|-------|--------|
| Egg, Boiled | X | | | | | | | | |
| Egg, Whites | X | | | | X | | | | |
| Egg, Whole / Liquid | X | | | | X | | | | |
| Fish: Battered Fish Fillets (Pollock) | ◇ | F | | X | X | ◇ | | X | X |
| Salmon | | SM | | X | X | | | | |
| Fryer Oil | | | | | X | | | | |
| Gravies: Brown | | | | X | X | | | X | X |
| Country | | | | X | X | | | X | X |
| Country Sausage | | | | X | X | | | X | X |
| Ham: Shaved | | | | | ◇ | | | | |
| Sliced | | | | | ◇ | | | | |
| Ice Cream: | | | | | | | | | |
| Chocolate / Strawberry / Vanilla | ◇ | | | X | ◇ | ◇ | ◇ | ◇ | ◇ |
| Kraft® Macaroni & Cheese (kids) | | | | X | | | | X | X |
| Margarine: Liquid | | | | | X | | | | |
| Whipped Butter Blend | | | | X | X | | | | |
| Milk: 2% | | | | X | | | | | |
| Buttermilk | | | | X | | | | | |
| Chocolate, Reduced Fat | | | | X | | | | | |
| Meatballs | | | | X | X | | | X | X |
| Mozzarella Cheese Sticks | ◇ | | | X | X | ◇ | | X | X |
| Nacho Meat | | | | | | | | | |
| Onion Rings | ◇ | ◇ | | X | X | ◇ | | X | X |
| OREO® Cookie Crumbs | | | | | X | | | X | X |
| Pancake Puppies® (fruit flavors) | ◇ | | | X | X | ◇ | | X | X |
| Pancakes, Buttermilk | X | | | X | X | | | X | X |
| Pancakes, Hearty 9-Grain | X | | | X | X | | | X | X |
| Pot Roast | | | | X | X | | | X | X |
| Potatoes: Baked (no toppings) | | | | | | | | | |
| Fries, Wavy-Cut | ◇ | | | ◇ | X | ◇ | | ◇ | ◇ |
| Fries, Seasoned | ◇ | | | ◇ | X | ◇ | | X | X |
| Hash Browns | | | | | X | | | | |
| Mashed Potatoes, Red-Skinned | | | | X | X | | | | |
| Red-Skinned | ◇ | | | ◇ | X | ◇ | | ◇ | ◇ |
| Potato Stix | | | | | | | | | |
| Prime Rib | | | | | X | | | | |
| Sauces & Spreads: | | | | | | | | | |
| Alfredo Sauce | | | | X | X | | | | |
| All-American Sauce | X | A | | | X | | | | |
| Au Jus | | | | | X | | | X | X |
| BBQ | | | | | X | | | | |
| Bourbon Sauce | | | | | X | | | X | X |

ALLERGENS

Egg Fish Shellfish Milk/Dairy Soybeans Peanuts Tree Nuts Wheat Gluten

Toppings & Mix-Ins:

Cake Batter Mix-In CO X

Chocolate Chips X X

Cinnamon Crumb ◇ ◇ X ◇ X

Confetti Sprinkles X

Flaxseed Streusel X X X

Nuts X X •

Peanut Butter X X

Shortbread X ◇ ◇ CO ◇ X X

Sugar, Powdered

Strawberry Sauce (Crepe) X

Strawberry Topping (Cheesecake & Milk Shake)

Vanilla Cream X X CO

Whipped Cream X

Turkey, Shaved Deli X

Vegetables: Broccoli X

Corn, Sweet Petite X

Fire-Roasted Bell Peppers & Onions X

Jalapeños, Sliced

Mushrooms X

Onions, Caramelized X

Pickles, Sliced

Pot Roast Vegetables X X X X

Zucchini & Squash X

Vinegar: Red Wine

Malt X

Waffles X X X X

Whole Grain Rice Blend X X