



LIMITED TIME OFFER

nutrition guide

The nutritional information provided is based on computerized database analysis and vendor product data. The data represents an estimate of nutrient content. There may be variations in nutritional content across servings, based on variations in overall size and quantities of ingredients and based upon special ordering. For additional information, please call 800-733-6697 or visit dennys.com.

Abbreviations and/or symbols associated with menu items influence nutrition information. Add sides, breads and condiments to your menu choice for total nutrition information. Recommended limits for a 2,000 calorie daily diet are 20 grams of saturated fat and 2,300 milligrams of sodium. 1,200 to 1,400 calories a day is used for general nutrition advice for children ages 4 to 8 years and 1,400 to 2,000 calories a day for children ages 9 to 13 years, but calorie needs vary.

June limited time offer items

	Serving Size	Calories	Fat (g)	Calories from Fat	Trans Fats (g)	Saturated Fat (g)	Chol (mg)	Sodium (mg)	Carbs (g)	Fiber (g)	Protein (g)	Sugar (g)
Shortberry Dream Cakes Breakfast™ (add hash browns, eggs & meat choices)	2	810	23	200	0	14	70	1480	138	5	14	68
Brisk-B-O Melt™ with Wavy-Cut Fries	18 oz	1520	93	840	1	23	135	2960	122	7	51	12
Brisk-It-All Melt™ with Bacon, Eggs & Wavy-Cut Fries (add egg choice)	19 oz	1580	97	870	1	25	145	3140	123	7	55	12



FOOD ALLERGIES?

SCAN THE QR CODE FOR OUR ALLERGEN GUIDE OR SEE SERVER.